

**ULTHERAPY: A**  
Noninvasive  
Facelift

Dr. Sabrina Fabi of Goldman, Butterwick, Fitzpatrick, Groff & Fabi Cosmetic Laser Dermatology also recommends Ultherapy as an alternative to a

knife in sight. Ultherapy directs ultrasound waves into the skin and deep under it, into the tissues of the face and neck, lifting and tightening loose skin. Another bonus: The 30- to 60-minute treatment delivers noticeable results in one session and calls for no recovery time.

**DID YOU KNOW:**

The American Society for Dermatologic Surgery performed 9.5 million procedures last year, and 3.04 million were skin cancer treatments alone. Of those, 190,000 were for melanoma, a startling 27 percent increase since 2012.

facelift, since this cutting-edge treatment tightens, tones and lifts loose skin—with not a

“Ulthera also costs about \$3,000 to \$4,000 instead of a \$20,000 facelift,” adds Dr. Fabi.

**SKIN CANCER ON THE RISE**

Local dermatologist takes action with SolSearch 2014 event

“One in five Americans will be affected by skin cancer. Skin cancer touches nearly every family, especially here in sun-filled San Diego,” says Dr. Melanie Palm, the founder of Art of Skin in Solana Beach. “I stress to patients the importance of a thorough, annual full skin examination by a board-certified dermatologist. This should include an examination of the scalp, mucous membranes, eyes and all body folds.

Patients play a crucial role in skin cancer detection. Monthly self-exams allow patients to identify new or evolving lesions, allowing earlier detection of skin cancers such as melanoma, which can be lifesaving.” Dr. Palm, an ambassador for sun protection, and her team at Art of Skin are hosting the fourth annual SolSearch, on May 1, a “soirée for safe skin,” which raises money for the Skin Cancer Foundation and offers public education about prevention and treatment. In conjunction with the awareness campaign, free skin cancer screenings are available at Art of Skin on Saturday, April 26.

**TOP THREE**  
*Cosmetic Surgical Procedures*

(American Society of Plastic Surgeons, 2013)



LAUREN RADACK

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*Melanie Palm, M.D., MBA*

Expertise, innovation, passion and compassion are the trusted tenets that shape Art of Skin MD, the Solana Beach skin sanctuary of Dr. Melanie Palm. A renowned expert in the fields of dermatology and cosmetic surgery and a national leader in nonsurgical facial rejuvenation, Dr. Palm offers her patients a strong commitment to excellence and a dedication to perfect patient outcomes.

As a board-certified dermatologist and fellowship-trained cosmetic surgeon,

Dr. Palm performs a wide spectrum of treatments and uses a comprehensive approach to address both medical dermatology and aesthetic skin concerns—all while offering a unique combination of state-of-the-art technology and a remarkably gentle touch. Recognized for her innovative use of lasers and knowledge of evolving trends, Dr. Palm is a thought leader and nationally and internationally sought speaker and educator.

With unmatched compassion and a reputation for providing the ultimate patient care experience, Art of Skin MD is the premier destination for skin rejuvenation.